

Juice:

Item	Brand	Grocery Aisle	Serving	Food Group Count	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Vegetable Juice	V8 Low Sodium Vegetable Juice	Juice	8 oz glass	2	45	0	0	0	140	9	1	7	2
Vegetable Juice	V8 Low Sodium Vegetable Juice	Juice	4 oz glass	1	23	0	0	0	70	5	1	4	1
Vegetable Juice	V8 Low Sodium Vegetable Juice	Juice	6 oz glass	1.5	35	0	0	0	105	8	1	6	2
Kale Juice Blend	Lakewood Organic Juice Blend Super Kale plus Beet	Juice	8 oz glass	3	80	0	0	0	70	19	3	11	2
Beet Juice	Lakewood Organic Pure Juice Fresh Pressed Beet	Juice	8 oz glass	4	100	0	0	0	190	23	2	20	3
Carrot Juice	Lakewood Organic Pure Juice Fresh Pressed Carrot	Juice	8 oz glass	3.5	90	0	0	0	150	21	2	10	2

Last update: 12/13/21