

Tortillas:

Item	Brand	Grocery Aisle	Serving	Food Group Count	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Flour Tortilla 10-inch	La Tortilla Factory Low-Carb Flour - Burrito	International Foods	1 tortilla (62g)	1.5	100	4	2	0	370	23	13	1	7
Flour Tortilla 10-inch	La Banderita Grande Tortilla Burrito	International Foods	1 tortilla (71g)	2	220	7	3	0	360	34	2	0	5
Flour Tortilla 10-inch	Mission Sun-Dried Tomato Basil Wraps	International Foods	1 tortilla (71g)	2.5	220	5	2	0	560	39	3	3	6
Flour Tortilla 6-inch	La Tortilla Factory Low-Carb Flour - Fajita	International Foods	1 tortilla (28g)	0.5	45	2	1	0	170	10	6	0	3
Flour Tortilla 6-inch	Mission Small Flour Tortilla - Fajita	International Foods	1 tortilla (32g)	1	90	2	1	0	260	17	0	1	3
Flour Tortilla 6-inch	Guerrero Caseras Fajita Flour Tortillas	International Foods	1 tortilla (32g)	1	100	3	2	0	240	15	1	0	2
Flour Tortilla 8-inch	La Tortilla Factory Low-Carb Flour - Soft Taco	International Foods	1 tortilla (42g)	1	70	3	1	0	250	15	9	0	5
Flour Tortilla 8-inch	Mission Carb Balance Soft Taco Whole Wheat Tortillas	International Foods	1 tortilla (43g)	1	70	4	1	0	300	18	15	0	5
Flour Tortilla 8-inch	Mission Carb Balance Soft Taco Flour Tortillas	International Foods	1 tortilla (43g)	1	70	3	1	0	320	19	15	0	5

Last update: 12/10/21