

Granola Bars:

Item	Brand	Grocery Aisle	Serving	Food Group Count	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Chewy Granola Bar	Quaker Chewy Fruit & Nut Granola Bar - Dark Chocolate	Cereal	1 bar (35g)	1.5	140	4	1	0	65	25	2	8	2
Chewy Granola Bar	Simple Truth Organic Chewy Granola Cashew & Sunflower Butter Granola Bars Vanilla Chip	Cereal	1 bar (34g)	1.5	140	5	1	0	135	23	3	8	3
Chewy Granola Bar	Kashi Chewy Granola Bars Chocolate Almond & Sea Salt	Cereal	1 bar (35g)	1.5	130	5	1	0	125	23	4	7	3
Chewy Granola Bar	Cascadian Farm Organic Chewy Granola Bars Chocolate Chip	Cereal	1 bar (35g)	1.5	140	3.5	1.5	0	80	25	1	10	2
Gluten Free Granola Bar	Kind Healthy Grains Granola Bars Gluten Free Dark Chocolate Chunk	Cereal	1 bar (35g)	1.5	150	5	1.5	0	65	23	2	8	2
Gluten Free Granola Bar	MadeGood Organic Granola Bars Gluten Free Apple Cinnamon	Cereal	1 bar (24g)	1	90	2	0	0	0	16	1	7	1

Last update: 12/9/21